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|-----------------|--|------------------------|--|--------------------------|--|--------------------------|--|--|--|--------------------------|--|--------------------------------------|--|--------------------------|--------------------------|--------------------------|------------------------|--|
| Volejbal | | | 2.00-5.50 7.20-11.10 12.40-16.30 | | 2.00-5.50 7.20-11.10 12.40-16.30 | | 2.00-5.50 7.20-11.10 12.40-16.30 | | 2.00-5.50 7.20-11.10 12.40-16.30 | | 2.00-5.50 7.20-11.10 12.40-16.30 | | 2.00-4.00 6.00-8.00 10.00-12.00 14.30-16.30 | 6.00-8.00 14.00-16.00 | 6.00-8.00 14.00-16.00 | 6.30-8.30 14.15.16.45 | 2.00-4.00 6.30-9.00 | |
| Vzpírání | | 2.50-5.00 6.50-9.00 | 4.50-7.00 8.50-11.00 12.50-15.00 | 6.50-9.00 12.50-15.00 | 4.50-7.00 8.50-11.00 12.50-15.00 | 6.50-9.00 12.50-15.00 | | | 4.50-7.00 8.50-11.00 12.50-15.00 | 6.50-9.00 12.50-15.00 | 4.50-7.00 8.50-11.00 12.50-15.00 | 6.50-9.00 12.50-15.00 | 6.50-9.00 12.50-15.00 | 6.50-9.00 12.50-15.00 | | | | |
| Zápas | | | | | | | | | | 4.00-6.00 11.15-12.15 | 4.00-6.30 11.15-15.00 A.Omarov | 4.00-6.30 11.15-15.00 A.Omarov | 4.00-6.30 11.15-15.00 | 4.00-6.30 11.15-15.00 | 4.00-6.30 11.15-15.00 | 4.00-6.30 11.15-15.00 | 11.45-15.00 | |

Čas Tokio = + 7 hod

Údaje v tabulce dle programu LOH Tokio 2020 k 24.6.2021